



Cox® Technic Flexion Distraction and Decompression Adjusting is chiropractic, hands-on spinal manipulation. Years of clinical experience and research documentation fostered by **James M. Cox**, developer of the technique, make it one of the most respected approaches to relieving and managing spine pain non-surgically.

Cox Technic is known for its research-documented treatment of **disc herniation** and **stenosis**. Its evidence-based protocols are also appropriate for treating **sprain/strain, facet syndrome, spondylolisthesis, sciatica, radiculopathy, degenerative scoliosis, failed back surgery**, and a host of other spinal conditions.

THE VISION: Dr. Cox envisions Part III Cox® Seminar as the course for the technique and its integration into healthcare and the chiropractic practice to shine. Part III highlights the latest in Cox® Technic research, application, treatment refinement, clinical success. Dr. Cox will present research and recent published statistics, but he opens the weekend to **Dr. Ram Gudavalli**



to share the latest federally funded research and **attending certified doctors** to share their clinical experiences from working in integrative facilities to private practice, from treating the common neckache to the most painful arm pain and leg pain. Part III is the forum to enhance the ORAL TRADITION of Cox® Technic's clinical success with documentation. With a special presentation on wellness care and the mind/body connection to back pain, **Dr. Rudy Kachmann, MD, neurosurgeon** inspires collaboration with fellow healthcare colleagues and working with patients on their lives not just their pain, so similar to what Dr. Cox and his chiropractic colleagues do everyday.



THE METHOD: Lead by Dr. James Cox, developer of the Cox® Technic System for Flexion-Distraction and Decompression Adjusting, evidence-based clinical applications, research-developed protocols & outcomes are presented for clinical success in relieving pain from cervical, thoracic, lumbar, pregnancy-related pain and other conditions.

THE FOCUS: Part III delves into the clinical aspects of incorporating Cox® Technic protocols into the healthcare plan of the patients who come into the office. Part III shares successes, challenges, research outcomes with a bonus discussion of the post-relief wellness care of these patients.

ATTENDEES: This course is the **special topic Part III of the Cox Technic Certification Course series**.

Anyone is welcome to attend, but certified Cox® Technic doctors will particularly enjoy this presentation as it is different from Parts I and II. It is a great starting point or continuation of study.



Cox® Technic Seminar Part III

Saturday | **October 8, 2011** | 8am-5pm

Sunday | **October 9, 2011** | 8am-Noon

Nashville, TN | *The Gaylord Opryland Hotel*

CE Hours Co-Sponsor | *National University of Health Sciences*

Tuition | \$465 DC, \$200 DC Student, \$395 Cox® Certified DC, \$436.50 DC EAC member (late fee 2 weeks prior)

For more information, please visit www.coxtechnic.com/event/cox-seminar-at-the-opryland-hotel .

To register online, please visit www.coxtechnic.com/doctors/cox-seminar-registration-1.



**Nashville TN @ The Gaylord Opryland Hotel—newly renovated and re-opened!
October 8-9, 2011**

**Part III Syllabus — The Cox® Technic System for Spine Pain Management in the Healthcare Community:
Documented Clinical Outcomes, Multidisciplinary Research, Evidence-Based Application & Outreach
BONUS: Wellness Perspective to Spine Pain Relief of a Neurosurgeon**

HOUR 1 Spinal Research Literature Update

- PTs, DCs, DOs - Spinal Manipulation's Role
- Latest published data on spine biomechanics and treatment: Chiropractic's Role

HOUR 2 Cox® Technic Research and Application Update - Cox and Dr. Ram Gudavalli

- featuring Loyola/Palmer Cervical Spine Biomechanics research update.
- featuring the pressure transducer to measure forces during Cox® Technic application
 - Ram Gudavalli, PhD, principal investigator of flexion distraction spinal manipulation federally funded research studies will present the biomechanical spine changes during flexion distraction (foraminal patency, intervertebral disc space increase in height, intervertebral disc pressure reductions, and range of motion manipulation). Comparison of flexion distraction spinal manipulation clinical outcomes compared to medical care for low back and leg pain and neck and arm pain will be delivered. The on-going NIH grant to study the biomechanics of the cervical spine under flexion distraction adjusting and the creation of a sham model which is being collaborated by Palmer College and Loyola Stritch School of Medicine and the Hines VA Hospital will be updated.
- Biomechanics and clinical outcomes comparing chiropractic and medical care - data from Health Resources and Services Administration of the Department of Health and Human Services federally funded research studies:

HOUR 3 Continuation of Research from Hour 2

Cox® Documentation: Admitting, Coding, Decompression

HOUR 4 Cox® Examination: Physical & Radiological Evaluation Discussion and Demonstration (*Algorithms of Decision Making / Radiology*)

Cox® Patient Education and Report of Findings

HOUR 5 Cox® Rehabilitation

Cox® Spinal Nutrition Essentials

HOUR 6 Cox® Technic Awareness Building: Online, In-Community, In-Practice

HOUR 7 Rudy Kachmann, MD, Neurosurgeon's Insights into Wellness Concepts in Patient Care

- A neurosurgeon's approach to wellness as it applies to neurosurgical and chiropractic practice will inspire you in your clinical practice. The chiropractic physician incorporates this concept of wellness care after pain relief in his/her approach to treating back and extremity pain. In other words, there is more to treating the patient than relieving pain, and this neurosurgeon is at the forefront of the wellness trend. The total wellness concept must be embraced for the benefit of our patient's lives. You will see Dr. Kachmann and Dr. Cox share this and more in Nashville.

HOUR 8 Rudy Kachmann, MD, Neurosurgeon's Insights into Wellness Concepts in Patient Care (continued)

HOUR 9 Cox® Technic in Clinical Practice

- A Presentation/Discussion of Patient Case Reports - *moderated by James M Cox DC DACBR*
- Cervical and/or lumbar stenosis, spondylolisthesis, disc herniation cases will be presented from Dr. Cox's practice and attendees' clinics who bring cases (exam findings and imaging) for discussion.
- Technique Demonstrations incorporated

Cox® Technic Treatment Demonstration and Protocol: FBSS / Post Surgical Continued Pain Syndrome

HOUR 10 Pathologies Revealed from the clinical files of Dr. Cox's patient library

HOUR 11 Cox® Technic Treatment Demo and Protocol:

- Synovial Cyst, Thoracic Spine / Long-Y-Axis, Pregnancy / Sidelying, Scoliosis / Mehta exercises

HOUR 12 Cox® Technic Treatment Demonstration and Protocol: Cervical Spine/Arm Pain

- biomechanics, exam, literature, treatment, HRSA research

For more details and online registration, please visit www.coxtechnic.com/event/cox-seminar-at-the-opryland-hotel