Cox® Technic Flexion Distraction and Decompression Adjusting is chiropractic, hands-on spinal manipulation. Years of clinical experience and research documentation fostered by James M. Cox, developer of the technique, make it one of the most respected approaches to relieving and managing spine pain non-surgically.

Cox® Technic is known for its research-documented treatment of disc herniation and stenosis. Its evidence-based protocols are also appropriate for treating sprain/strain, facet syndrome, spondylolisthesis, sciatica, radiculopathy, degenerative scoliosis, failed back surgery, and a host of other spinal conditions.

THE VISION: Dr. Cox envisions Part III Cox® Seminar as the course for the technique and its integration into healthcare and the chiropractic practice to shine. Part III highlights the latest in Cox® Technic research, application, treatment refinement, clinical success.

Dr. Cox will present research and recent published statistics, but he opens the weekend to Dr. Ram Gudavalli (when available) to share the latest federally funded research and attending certified doctors to share their clinical experiences from working in integrative facilities to private practice, from treating the common neckache or backache to the most painful arm pain and leg pain. Part III is the forum to enhance the ORAL TRADITION of Cox® Technic’s clinical success with documentation.

THE METHOD: Lead by Dr. James Cox, developer of the Cox® Technic System for Flexion-Distraction and Decompression Adjusting, evidence-based clinical applications, research-developed protocols & outcomes are presented for clinical success in relieving pain from cervical, thoracic, lumbar, pregnancy-related pain and other conditions.

THE FOCUS: Part III delves into the clinical aspects of incorporating Cox® Technic protocols into the healthcare plan of the patients who come into the office. Part III shares successes, challenges, research outcomes with a bonus discussion of the post-relief wellness care of these patients.

ATTENDEES: This course is the special topic Part III of the Cox® Technic Certification Course series. Anyone is welcome and encouraged to attend, but certified Cox® Technic doctors will particularly enjoy this presentation as it is different from Parts I and II. It is a great starting point or continuation of study.

Cox® Technic Seminar Part III
Saturday | October 17, 2015 | 8am-5pm
Sunday | October 18, 2015 | 8am-noon
Chicago, IL | Hyatt Regency O’Hare
$139 a night + tax—by 9/18/15—(847)696-4445—$10/day self parking
CE Hours applied for by | National University of Health Sciences
Tuition | $465 DC
(late fee starts 2 weeks prior) (discounts for 25% CTC, 15% certified, 50% students, 25% DC faculty, 10% EAC members, 40% CTC certified DC)

For more information, please visit www.coxtechnic.com/events.aspx.
# Seminars | Evidence-Based Protocols | Research | Clinical Outcomes

**Chicago, IL at Hyatt Regency O’Hare**  
**October 17-18, 2015**

**Part III Syllabus — The Cox® Technic System for Spine Pain Management in the Healthcare Community:**  
**Documented Clinical Outcomes, Multidisciplinary Research, Evidence-Based Application & Outreach**

## 2 Hours: Chiropractic vs Medical Facts in Low Back Pain Care
- Evidence-based medicine
- Spinal Manipulation in Chiropractic
- Surgery vs. Non-Surgical
- Cost Factors In Treating Back Pain
- Support Belts
- Back School
- Injections

## 1 Hour: Anatomy and Neuroanatomy of Spine
- Neuroanatomy of the Disc And Nerve Complex
- DRG
- Afferentation
- Pain Modulation
- Nerve Pathology

## 1 Hour: DRG and Nerve Roots
- Mechanical Compression
- Chemical Inflammatory Changes

## 1 ½ Hours: Research Studies’ Outcomes
- Federally Funded Studies Of Spinal Manipulation
- Biomechanical Changes: Lumbar and Cervical
- 5 Effects of Cox Technic
- Clinical Outcomes
- 1000 Cases outcomes by condition

## 2 ½ Hours: Cervical Spine
- Biomechanics
- Vertebral Artery
- Anatomy
- NIH Federal Research Study Findings – biomechanics
- Herniated Disc
- Myelopathy
- Research Publications: Cox Technic
  - HNP
  - Radiculopathy
  - Klippel Feil
  - Post Surgical
  - Degenerative Disc Disease
- Treatment protocols
- Facet Irritation Patterns

## 1 Hour: FBSS (Post-Surgical Cases)

## 1 Hour: Spinal Nutrition

## 2 Hours: Grand Rounds: Patient Cases
- Imaging
- Examination
- Treatment
- Outcome
- To be chosen from:
  - sciatica on opposite side of HNP
  - L1 Compression fracture - Vertebroplasty
  - Serial FBSS
  - L4-5 HNP with motor weakness
  - L3.4.5 disc herniation in a 29 y.o female
  - bilateral stenosis at L3, L4
  - FBSS case Luque rod
  - synovial cyst
  - Discal Cyst
  - Synovial and Tarlov cysts in same patient
  - Abdominal aneurysm
  - L3 and L4 HNP
  - progressive osteoporotic compression fracture
  - return of free fragment from 11-25-09 to 7-11-11
  - T6-7 HNP 2-1-08
  - C5 titanium plate fusion CD5-7 PSCP case
  - Fix aneurysm then stenosis
  - TS HNP T6-8
  - spondylo and trans seg
  - Free Fragment L5-S1
  - Stenosis 74 y.o man with left leg pain
  - CS cord myelopathy
  - Bertolotti’s syndrome
  - C4-5 progression herniation and degeneration over 5 years
  - L2-3 Far lateral Fragment
  - L3-4 HNP, L4 deg spondylolisthesis with normal left hip replaced due to pain
  - 66 Year Old Female with a History of Multiple Back Surgeries – Dean case
  - Cervical C5-7 level fusion with T1 spondylolisthesis (30%) slip
  - 29 Bertolotti’s syndrome with L3 and L4 instability and ddd
  - L5-S1 fusion case.
  - Degenerative scoliosis cases of thoracolumbar spine
  - Discogenic cyst
  - Disc Replacement
  - Bertolotti’s syndrome
  - Bochdolak Hernia
  - Others by attendees

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For more details and online registration, please visit [www.coxtechnic.com/events.aspx](http://www.coxtechnic.com/events.aspx).

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