Cox® Technic Flexion Distraction and Decompression Adjusting is chiropractic, hands-on spinal manipulation. Years of clinical experience and research documentation fostered by James M. Cox, developer of the technique, make it one of the most respected approaches to relieving and managing spine pain non-surgically.

Certification in Lumbar Spine Cox® Technic is possible in one attendance: 30 hours in 4 days...plus 2 more optional bonus CE hours of hands-on practice if desired.

Drs. Dean Greenwood, George Joachim, Ralph Kruse and Dr. Kurt Olding present the Part I material about Cox® Technic’s science and application. Our diplomates in rehabilitation, Dr. Joachim, integrates rehab tips and shares his everyday clinical experience with the Cox® Technic System of protocols, so you get a real feel for proper treatment application. Drs. Greenwood, Kruse & Olding, our diplomates in Orthopedics, integrate orthopedic clinical indicators to elevate clinical outcomes. Non-discogenic conditions are the focus of this session. Hands-on demonstration and practice are integrated into the course. Then, developer Dr. James M. Cox and principal research investigator Dr. Ram Gudavalli present the research and the discogenic conditions of back pain and how you can relieve spinal pain, keep patients with the treatment plan and tell others about your care, and excite you for your practice!

You will also learn more about Cox® Technic’s current biomechanics and clinical studies and the on-going analyses of data as well as fine-tune your hands-on skills before your clinically focused certification examination. During the exam, you will study two case presentations, diagnose the condition and decide on the proper treatment protocol and then apply it.

Cox® Technic is known for its research-documented treatment of disc herniation and stenosis. Its evidence-based protocols are also appropriate for treating sprain/strain, facet syndrome, spondylolysisis, sciatica, radiculopathy, degenerative scoliosis, and a host of other spinal conditions. Even post-surgical continued pain (FBSS) patients are finding relief with Cox® Technic. Cox® Technic protocols for lumbar spine application as well as cervical spine and thoracic spine are shared.

In 4 days in one city, you will learn about the Cox® Technic Flexion Distraction and Spinal Manipulation System’s current federally-funded cervical spine biomechanics and clinical study (NIH & HRSA studies with Palmer Research Center and Loyola Stritch School of Medicine and Hines VA Hospital), history, published clinical findings, research-laboratory data as to the millimeters of pressure reduced under treatment and mm of area increased under care, clinical outcomes as to days and visits to maximum improvement, as well as the proper protocols for applying Cox® Technic as both the doctor and patient. Plus, you can take your certification test!
Parts I and Part II Certification Course—Lumbar Spine

(SFO Part 1 only—Part 1 material as on Thursday/Friday below)

Part I Syllabus—Foundation of Cox® Technic. Non-Discogenic Conditions

Part II Syllabus — How is Cox Technic Applied and Integrated into a Clinical Practice? Discogenic Conditions (next page)

Instructors — Dr. James M. Cox, Dr. Ram Gudavalli, Dr. George Joachim, Dr. Ralph Kruse, Dr. Kurt Olding, Dr. Dean Greenwood

Thursday
9:00 am  Biomechanics of the Human Spine: Neuroanatomy, Chemical vs Mechanical Irritation, SI Joint, Stenosis, DRG
1:00 am Algorithm of Decision Making for Cox® Technic / Video of technique application
11:30 am Case Presentations (on video) & Hands-On Groups
  • Hands-On - patient set up, hand contact, patient position, tolerance testing
  • Cases - L3-4 Stenosis, Scoliosis with Sciatica
1 pm  Lunch—on own
2:00 pm  History and Evolution of Cox® Technic (flexion-distraction and decompression)
  • Research — Completed and On-going — Outcomes — Video of Cox® flexion-distraction motion of facets
  • Effects of Cox Technic
  • 1000 Cases Clinical Outcome Study of Low Back Pain Conditions
3:00 pm Case Presentations (on video) & Hands-On Groups
  • Cases/Videos - Examination (brief review), Video of Dr. Cox doing exam, Report of Findings tips, Disc Fragment, Low Back Pain with leg pain and transitional segment and disc herniation, Spinal Nutrition
  • Hands-On - Protocol 1
4:00 pm  Facet Syndrome: Biomechanics, Diagnosis, Treatment (Pain Generation, Spinal Stenosis source, stable vs unstable) Spondylolisthesis: Biomechanics, Diagnosis, Treatment (Pain Generation, Instability, True vs Degenerative, Bracing), Tropism, Short Leg, Transitional Segment: Biomechanics, Diagnosis, Treatment
5:30 pm Case Presentations & Hands-on—Protocol 2
  • Cases - compression fracture, spondylolisthesis, bertolotti’s syndrome, acute lumbago, ankylosis, Hands-On - Protocol 2
7:00 pm  Adjourn for the day

Friday
8:00 am  OPTIONAL 1 Hour of CE—Hands-on Practice with instructors
9:00 am  Cervical Spine Anatomy, Biomechanics, Examination, Video Demonstration of Cervical Spine Treatment
10:00 am Case Presentations and Hands-on (Introduction) - Cervical
  • Cases - C5-6 Disc Herniation, FBSS Post Surgical Continued Pain, Occipitalization/KF Fusion, Scheuermann’s
  • Hands-on - Cervical Spine Adjusting Introduction
Noon  Lunch (on own)
1 pm  Part II begins...

syllabus, schedule & hotel details—online registration—phone-in registration
www.coxtechnic.com (doctors/seminars)  |  info@coxtechnic.com
800-441-5571  |  260-637-6609
Part II Cox® Technic Certification Course—Lumbar Spine

Part II Syllabus — How Is Cox Technic Applied and Integrated into a Clinical Practice? Discogenic conditions

Instructors — Dr. James M. Cox, Dr. Ram Gudavalli, Dr. George Joachim, Dr. Ralph Kruse, Dr. Kurt Olding, Dr. Dean Greenwood

Friday
1 pm  Intervertebral Disc Herniation Induced Stenosis
    •  Sciatic Nerve Anatomy
    •  Gemelli Syndrome
    •  Disc Herniation Size And Compression Force Correlated With Clinical Presentation
    •  Clinical Diagnosis
    •  Imaging: Discography, MRI, Myelogram-Enhanced CT
    •  Lateral Flexion Disc Herniation Diagnosis

7:00 pm  Adjourn for the day

Saturday
8:00 am  OPTIONAL 1 Hour of CE—Hands-on Practice with instructors
9:00 am  R. Gudavalli  — Research Project Findings (Cervical at Loyola Medical/Hines VA and Palmer)
          — hands-on work with transducer
11:00 am  Case Presentations from Clinical Practice

Noon  Lunch - included for all attendees
1:00 pm  transducer hands-on in sets of 4 / Patient Management & Clinical Case Presentations
    •  Full Spine Exam of the Back Pain Patient — establishing diagnosis & treatment protocols
    •  Re-Examination And Re-Evaluation and Setting New Goals
    •  Healing Time
    •  Low Back Wellness School And Rehabilitation Procedures
    •  Spinal Nutrition
    •  Stabilization And Prevention of Recurrence
    •  Report of Findings

3:00 pm  Review Of Non-Discogenic Causes Of Low Back Pain with Case Presentations
4:00 pm  EXAMINATION  — Written Portion of Lumbar Spine Certification Examination
    •  (Optional—if not taking, hands-on practice is offered.)
    •  2 patient cases to review, diagnose, set treatment plan

5pm to 7 pm  Hands-On Practice AND/OR  Practical Certification EXAMINATION (Optional — by scheduled time for each examinee)

Sunday
8:00 am  Case Presentations from Dr. Cox’s practice: synovial cyst, diastematomylgia, FBSS, herniated discs, sciatica on side opposite the herniation, HNP with motor weakness, bilateral stenosis, progressive osteoporotic compression fracture, free fragment, Bertolotti’s syndrome, degenerative scoliosis
10:00 am  The Outlook for Spinal Manipulation and Chiropractic
10:30 am  Questions/Answers
11:00 am  Adjournment

For more information and online registration, please visit www.coxtechnic.com/events.aspx.
CIRCLE WHICH OPTION(S) APPLY

12 hours (Part I or III) **
$499

30 hours (Parts I and II) **
$1175

18 hours (Part II only) **
$750

21 hours (Part II with cervical spine session) **
$870

Exam (LS given at Part II / CS given at CS Course to attain Certification)
$75
* Any registrations received within 2 weeks of the class date are considered late. $50 late fee applies.
** CE hours for 1 state are included. Each additional state CE is $25.

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