

## **Chiropractor to Chiropractor Referral Results in Success for Patient: *Large Sequestered Right L5-S1 Fragment & L5-S1 Subchondral Sclerosis of Bone with Degeneration of the L5-S1 Disc***



The interest of this case is that it was referred to us by another chiropractor who could not help the man with his manipulation approach, and had the caring for the patient to send him to us instead of to a surgeon. I find that this is not always the case in our profession, as most chiropractors will refer such a case to a surgeon rather than another chiropractor, probably because of fear of being thought less competent. In reality it is a more competent doctor, a more satisfied patient, and a clinical victory for our profession.

In this case, this man has extreme right leg first dermatome sciatica with calf muscle weakness, absent achille's reflex, and a left antalgic list. He cannot sleep at night due to pain. Side posture adjustments aggravated the condition. Note the large sequestered right L5-S1 fragment and the L5-S1 subchondral sclerosis of bone with degeneration of the L5-S1 disc.

This patient was treated Protocol I Cox decompression adjustment of the L5-S1 disc with progressive relief of the leg pain from a VAS of 10 to 2 in six weeks. In addition to the decompression adjustment, positive galvanism was placed into the disc and S1 nerve root followed by tetanizing current to the gemelli/obturator internus tendons and bursa posterior in the retrotrochanteric space. Strengthening of the gluteus maximus muscle was given due to the weakness and the calf muscle strength is slowly increasing. At home he applied alternating heat for 10 minutes, followed by ice for 10 minutes, and the heat repeated. Acupuncture bladder meridian points B22 to B54 were used for pain.

This patient takes Discat Plus (chondroitin sulfate, glucosamine sulfate, manganese and magnesium sulfate), 4 tablets at breakfast and 4 at bedtime, Formula 2 (non phosphorous calcium citrate with vitamin D3, magnesium and manganese and hydrochloric acid) three a day, and Formula One (multivitamin, mineral, herb, amino acid, enzyme) one at breakfast and bedtime. At the end of three months the Discat is reduced to 2 at breakfast and 2 at bedtime for one thousand milligrams a day. He will attend low back wellness school to learn ergonomics, physioball exercise, Nautilus rehabilitation, and proprioception procedures.

We treat these cases for a minimum of three months, reevaluate and set up the future care based on their relief, occupation, and education in ergonomics.

As certified doctors know, it is the responsibility of our profession and this technic to furnish excellent technic for these difficult cases. That is the purpose of the certification program that you were examined in on these procedures. This case is a success due to the referral of the treating chiropractor who recognized the failure of his care to bring about clinical relief. Good for that doctor.

Respectfully submitted, *James M. Cox, D.C.,D.A.C.B.R.*