

## 2010 Part II Syllabus – How is Cox® Technic applied? Emphasis is on hands-on training.

Optional exam for Certification is offered. IF YOU WANT TO BE CERTIFIED, the exam is not optional.

Schedule may change without notice.

on campus in SC1 & Gym behind pond

### Friday – 3 CE hours – 5pm REGISTRATION 5:30pm–8:30pm CLASS

5 pm	Registration
5:30 pm	Intervertebral Disc Herniation Induced Stenosis <ul style="list-style-type: none"><li>• Sciatic Nerve Anatomy</li><li>• Gemelli Syndrome</li><li>• Disc Herniation Size And Compression Force Correlated With Clinical Presentation</li><li>• Clinical Diagnosis</li><li>• Imaging: Discography, MRI, Myelogram-Enhanced CT</li><li>• Lateral Flexion Disc Herniation Diagnosis</li></ul>
7:30 pm	Cox® Technic Adjusting Procedures–DISC [ ½ hr technique]
8 pm	Small Group Hands-On Training & Practice ( <i>Step-By-Step Instruction</i> )–DISC [ 1/2 hrs hands-on technique]
8:30 pm	Adjournment

### Saturday – 10 CE hours – 8am-Noon & 1pm-7pm

8 am	Continued Small Group Hands-On Practice ( <i>Step-By-Step Instruction</i> ) – NON-DISC [1/2 hr hands-on technique]
8:30 am	Disc lecture continues from Friday evening
11 am	R. Gudavalli – Research Project Findings
Noon	Lunch ( <i>On Your Own</i> )
1pm	Review Of Non-Discogenic Causes Of Low Back Pain – <b>Don't miss this!</b> – Case Presentations
2 pm	EXAMINATION– <i>Written Portion of Certification Examination</i> –2 cases to review, diagnose, set treatment plan
3 pm	Patient Management & Clinical Case Presentations <ul style="list-style-type: none"><li>• Full Spine Examination of the Back Pain Patient – establishing diagnosis &amp; treatment protocols</li><li>• Re-Examination And Re-Evaluation and Setting New Goals</li><li>• Healing Time</li><li>• Low Back Wellness School And Rehabilitation Procedures</li><li>• Spinal Nutrition</li><li>• Stabilization And Prevention of Recurrence</li><li>• Report of Findings</li></ul>
5 pm to 7 pm	Hands-On Practice <i>AND/OR</i> [2 hrs technique]
5 pm to ? pm	Practical Certification Examination ( <i>Optional – by scheduled time for each</i> )

### Sunday – 5 CE hours – 7am-Noon

7 am	Cervical Spine: Biomechanics, Diagnosis, Treatment with Cox® Protocol <ul style="list-style-type: none"><li>• Anatomical Orientation of Nerve Intermediates within the Spine</li><li>• Vascular incidence factors in Cox® Technic</li><li>• Update on Cervical Spine Research Projects–New!</li><li>• Specific treatment of stenosis, disc herniation, degeneration, subluxation, headache, whiplash</li><li>• Hands-on Demonstration and Participation [ 2 hrs technique]</li></ul>
Noon	Adjournment

