



Used By Many Practitioners POPULAR TECHNIQUE

Published Articles

Hultgren GM, Jeffers JS: Shamanism, a religious paradigm: its intrusion into the practice of chiropractic. *J Of Manipulative And Physiological Therapeutics* 1994; 17(6):404-410

Hultgren and Jeffers report on a survey done of Colorado chiropractic practitioners and the techniques or methods they utilize.

40% reported that they use Cox (flexion-distraction).

86% use diversified.

59% use Activator.

40% use Thompson.

40% use Gonstead.

Other techniques were listed as well.

National Board of Chiropractic Examiners: *Job Analysis of Chiropractic* 1993: 78

Cox® Flexion-Distraction is used by 52.7% of chiropractors, third of the most popular techniques.

1999--58% of chiropractors use Cox®

Mercy Center Consensus Conference: Guidelines For Chiropractic Quality Assurance And Practice Parameters. 1993:108, 208

Cox® Flexion Distraction is rated as an **"established" technique in chiropractic**, one of only two techniques in chiropractic to be considered "established."