



Cox Technic: Evidence Based Presentations Online

Instructor: James M. Cox, DC, DACBR, FICC, Hon.D.Litt., FACO(H)

Hours: 19.75 hours

PROGRAM DESCRIPTION:

- Dr. Cox focuses on the chiropractor as the back pain specialist who understands the connection between biomechanics and anatomy and the nervous system and the effect the chiropractic adjustment has on it all when applied according to evidence-based protocols that have research-documented clinical outcomes to emulate. Further he shows the appropriateness of and how imaging impacts the treatment plan.
- Topics presented include patient cases (exam, diagnosis, treatment plan, outcome) and treatment demonstration, neuroanatomy, afferentation, chiropractic and the immune system, the chiropractic effects on cervical spine, thoracic spine and lumbar spine related pain, and finally how ICD-10 coding and disc classifications are the necessary ties of practice to application.
- Streaming video demonstration of treatment technique is also incorporated.

PROGRAM GOALS/OBJECTIVES:

- At the end of the course, the attendee will
 - have a clearer understanding of the brain-body connection via the nervous system (afferentation).
 - describe how chiropractic adjusting may well affect the nervous system to reduce pain.
 - list osteoporosis facts of risk and prevention to share with patients.
 - know better when to order imaging and how to use it in diagnosis and treatment planning
 - list the top 10 imaging findings that are not disc related.
 - describe the appropriate application of Cox® Technic protocols 1 and 2 for cervical and lumbar spine conditions.
 - be able to list some common drugs patients are on and explain how they may affect the patients' healing.
 - see that Cox Technic is a valuable tool for neck and thoracic spine pain relief and not just for lumbar spine disc.
 - have more confidence to welcome tough conditions like free fragments/extrusions.
 - have a new tool for checking leg length inequality and accommodate it.
 - discuss the research-documented biomechanical and clinical effects on the lumbar and cervical spine of chiropractic flexion distraction spinal adjusting based on federally funded research projects at Palmer, National, University of Iowa, Loyola Stritch School of Medicine, etc.
 - list the five effects of Cox® Technic.
 - describe the evidence-based biomechanical effects of flexion distraction on lumbar and cervical spinal elements including the pressure drops and canal size opening with f/d.
 - note the scientific depth of research documentation of chiropractic's effectiveness.
 - explain tolerance testing and why it is important.
 - explore and consider the benefits of chiropractic for the immune system.
 - relate the disc classifications to the ICD-10 coding structure.

Register and attend online today!

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