



*Get It Fixed In 2006*

### **PATIENT OF THE MONTH**

I developed severe pain in my neck radiating down my right arm. The pain kept getting worse for several months. My MD gave me muscle relaxants and anti-inflammatory drugs. It didn't give much relief. I told my husband my pain was so bad I felt like cutting my arm off. It was burning, throbbing and shooting. I couldn't sit at a computer it became so bad. It affected my ability to sleep. My MD sent me to a specialist who did an MRI and he told me I had C4-5 disc degeneration with spurs. He wanted to take bone from my hip and put two metal plates along side of my vertebrae in my neck. It would be permanent. My sister had the same surgery which cost her \$30,000.00 and she still has the same problem.

My sister told me to see Dr. Unruh. He examined me and recommended a course of treatment with his distraction instrument. I canceled the surgery. I started to get relief right away. The treatment felt great. It was very relaxing. Gradually the pain went completely away. I can turn my head any direction without pain. I have no arm pain. I can sleep all night and am not taking any medication at all. I am so glad I never had the surgery on my neck. Nobody should have surgery until they try this first. I feel great and just get adjustments now once each month to keep feeling great. I highly recommend Dr. Allen Unruh to anybody before you have surgery of your spine. Elaine