

## **C5-6 and C6-7 Disc Herniation with Stenosis Causing Nerve Root Impingement**

Dr. James Brandt, a certified Cox Technic physician practicing in Coon Rapids, MN, and President of the Academy of Chiropractic Orthopedists, shares his case published in the *Journal of the Academy of Chiropractic Orthopedists*. His success in relieving left neck pain and arm pain in this difficult, painful case is shared. He describes fully how he examined, diagnosed and treated this patient according to the Cox Technic Flexion Distraction System of Spinal Pain Management.

This case also highlights successful, multidisciplinary care with a surgeon who suggested to the patient to keep at this treatment without more aggressive care. Relief in this difficult case came, and the patient was dismissed in just 14 visits (the Schliesser/Kruse et al reported average in the *JMPT* article).

[Read Dr. Brandt's online at the Academy of Chiropractic Orthopedists' website.](#)